

Pre-Operative Instructions

INSTRUCTIONS FOR PATIENTS WHO WILL RECEIVE GENERAL ANESTHESIA

- Please arrive at _____ on _____.
- On the day BEFORE your surgery take one Ibuprofen tablet every six hours (unless otherwise directed by your doctor). Do **not** take ibuprofen if you have a history of stomach ulcers, are taking blood thinner medications or have any other contraindications. For children follow the recommended dosage according to weight/height.
- No food or drink (not even water) for eight hours prior to your appointment, unless we instruct you otherwise.
- If you have been given an antibiotic prescription, be sure to take it as directed. Do not stop the regime until you have finished the antibiotic. In the eight hours prior to your surgery, take your antibiotic with just a sip of water.
- Please take all of your normal medications as prescribed by your physician, unless we instruct you otherwise.
- Please wear loose fitting short sleeved clothing. Wear comfortable, sturdy shoes.
- Remove all nail polish. Do not wear your hair in a pony-tail or bun. Do not wear earrings, facial piercings or necklaces the day of surgery. Do not wear excessive make-up or lipstick.
- Preferably, contact lenses should not be worn
- Minor patients under the age of 18 must be accompanied by a natural parent or legal guardian.
- **ARRANGE FOR AN ESCORT TO ACCOMPANY YOU TO THE OFFICE AND WAIT IN THE OFFICE FOR THE DURATION OF THE SURGERY.** Since you will be drowsy on dismissal, we require an adult to drive and accompany you directly home from the office. Drowsiness may persist at home, short naps are recommended and a responsible adult needs to stay with you.
- Do not operate heavy equipment/machinery, automobile, power tools, etc. or sign legal documents for 24 hours following surgery.
- If you use an inhaler, please bring the inhaler with you to your surgical appointment.

INSTRUCTIONS FOR PATIENTS WHO WILL RECEIVE LOCAL ANESTHESIA

- Please arrive at _____ on _____.
- On the day BEFORE your surgery take one Ibuprofen tablet every six hours (unless otherwise directed by your doctor). Do **not** take ibuprofen if you have a history of stomach ulcers, are taking blood thinner medications or have any other contraindications. For children follow the recommended dosage according to weight/height.
- Please take all of your normal medications as prescribed by your physician, unless we instruct you otherwise.
- Please wear loose fitting short sleeved clothing. Wear comfortable, sturdy shoes.
- Minor patients under the age of 18 must be accompanied by a natural parent or legal guardian.

****If a medical clearance is required for any surgery it must be received at least 24 hours in advance. If not received 24 hours in advance your appointment will be rescheduled.**